

## Do You Know What is in Your Skin Care?

### The Dirty Dozen Chemicals to be avoided according to [searchforthecause.org](http://searchforthecause.org)

May contain harmful impurities or form toxic breakdown that can lead to cell damage	Sodium laureth sulfate, cocamide DEA/lauramide DEA, Petrolatum
Some evidence of abnormal cell growth	Propylparaben, ethylparaben, methylparaben, petrolatum(Vaseline), mineral oil, coal/tar, cocamide DEA/lauramide DEA, petrolatum, talc, toluene, triethanolamine, formaldehyde
Found in abnormal human breast tissue	Propylparaben, ethylparaben, methylparaben, butylparaben, isobutylparaben
Endocrine (hormonal) disrupter	Propylparaben, ethylparaben, methylparaben, butylparaben, isobutylparaben
Skin sensitizer (causes rashes, immune system reactions, hives, burning scaling, blistering)	Propylparaben, ethylparaben, methylparaben, butyl acetate, butylated hydroxytoluene, ethylacetate, petrolatum, toluene, formaldehyde, butylacetate
Gastrointestinal and liver toxicity	Propylene glycol, phthalates
Penetration enhancer (alters skin structure to allow chemicals to penetrate deeper into the skin and blood stream)	Sodium laureth sulfate, sodium laureth
Reproductive or developmental harm	Phthalates, talc, toluene, formaldehyde